

# Status report l

2020





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#### Status Report I So-Kyokushin Holland by Shihan Frank Liew-On

#### Introduction

In November 2016 I send Hanshi a report with my personal experience and ideas for the development of So-Kyokushin in The Netherlands. We would very much like to establish So-Kyokushin Holland as a organisation in which we communicate openly and our activities are organized transparently. Where we make room for the younger generation to rise and it is our duty to prepare them for the future. For the future of spreading the Legacy of Sosai lays in their hands.

In May 2020 Hanshi Oishi mentioned that there is an opportunity to make So-Kyokushin Holland a better organization for those love Karate. We are profoundly grateful that we can be a part of this. Thank you!

This report aims to inform Hanshi Oishi about the recent development of So-Kyokushin Holland. How can we make SoKyokushin Holland a better organization for those who love Karate? Almost 5 month have past since we start reorganizing ourself in Holland. The circumstances are extremely difficult because of the CO-VID-19 Pandemic. The milestones are briefly shown in the timeline. Despite the difficult (COVID-19) circumstances, I try to also give an overview of our plans in the near future.

### The current progress

Step by step we are reorganizing ourselfs in The Netherlands, but it takes great effort to organize the survival of So-Kyokushin here. To make it happen I've thought of a few solutions.

For a optimal exchange it is also necessary to have a good idea of how to handle practical matters. I started with some practical matters such as the application of my So-Kyokushin Certificate of Membership and the registration of four new So-Kyokushin Shodan members (two of them are also Dojo operators).

An other important solution is to prepare Sensei Mark Potma, Sensei Sinisa Cosic and Sensei Peter Smit for the future of carrying the Legacy of So-Kyokushin in Holland. With their verifiable track record they should be Shihan in the short term to take this leadership role.

With the activities, camps and competitions F en F The Inner Way organizes, we hope to create a nice, open and transparent environment for So-Kyokushin members and those who love Karate.



## Timeline 2020

F en F The Inner Way

#### January

Kyu Grading Kids/Juniors

#### **February**

- Submission entry list Team Holland
- World Championships postponed to April 2021
- Karate Spring Camp

#### March

- COVID-19 Lockdown in Holland
- Online training (6 days per week)

#### May

- Outdoor training allowed under strict rules (up to 18 years)
- Dojo-Keiko online by Hansi Oishi
- Request from Hanshi Oishi for pictures for the Kyokushin publicity page on a magazine
- Request from Hanshi Oishi about the opportunity to make So-Kyokushin Holland a better organization for those who love Karate

#### June

- Outdoor training allowed under strict rules (for all ages)
- Submitted my request for the So-Kyokushin Certificate of Membership

#### July

- Keiko online weekend by Hanshi Oishi
- Submitted Dan registrations Holland

#### August

- Karate Summer Camp
- Meeting with Shihan Moshen

#### September

 Trainingcamp Ameland (due to CO-VID-19 postponed to 2021)

#### October

- Limited Lock-down Holland
- Waterpoort Cup (due to COVID-19 postponed to 2021)

Dojo's

Here you'll find a map of the current So-Kyokushin Dojo's in The Netherlands.



## Legenda

#### Sneek (F en F The Inner Way Headquarters)



Shihan Frank Liew-On, 5th dan F en F The Inner Way



Sensei Mark Potma, 3th dan **F en F The Inner Way** 



Senpai Joy Liew-On, 2nd dan **F en F The Inner Way** 



Senpai Lea Koenen, 1st dan **F en F The Inner Way** 

#### Leeuwarden



Senpai Gert-Jan Pels, 1st dan **F en F The Inner Way** 





#### Franeker



Senpai Gert-Jan Pels, 1st dan **F en F The Inner Way** 

#### Heerenveen



Sensei Peter Smit, 3th dan **F en F The Inner Way** 

#### Groningen



Senpai Golan Ephrati, 1st dan **F en F The Inner Way** 

#### Gorredijk



Sensei Mark Potma, 3th dan **F en F The Inner Way** 

#### Rotterdam



Shihan Mohsen Tork Zadeh, 5th dan **Shin To** 

#### **Bolsward**



Sensei Sinisa Cosic, 3th dan **F en F The Inner Way** 

#### Wolvega



Senpai Paul Baidenmann, 1st dan **F en F The Inner Way** 

#### Harlingen



Senpai Gert-Jan Pels, 1st dan **F en F The Inner Way** 

#### Balk



Senpai Kevin Nauta, 1st dan **F en F The Inner Way** 

#### Joure



Senpai Paul Baidenmann, 1st dan **F en F The Inner Way** 

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#### Activities

- Weekly Open Fighting Training (Headquarters, Sneek)
- Weekly Black Belt and Instructor Training (Headquarters, Sneek)

#### Camps

- Annual Karate Spring Camp
- Annual Karate Summer Camp
- Annual Trainingcamp Ameland (autumn)

#### Competitions

- Clubtournament (once or twice a year)
- Annual The Waterpoort Cup (Open International Tournament)

#### Future plans

The COVID-19 measures in The Netherlands are very strict at the moment. Physical contact is not allowed, keep a 1,5 meter distance, no fighting or sparring, no competitions, and so on. We are currently in a limited lock-down. Within a few weeks the Dutch authorities will again decide on the situation and possibly takes new or more measures. Hopefully the Dojo's can stay open. It can occur that the measures of the local authorities are different, mostly stricter than the national measures. We are then obliged to follow the measures of the local authorities. The economic impact is huge and hard, but we are determined to survive.

Here are some ideas and plans I have in the near future:

- Create and design a visual for So-Kyokushin Holland
- Launch the new So-Kyokushin Holland website.
- Promote So-Kyokushin in The Netherlands
- Organize weekly and annual So-Kyokushin activities for those who love Karate
- Create an open and transparent body for Dutch So-Kyokushin future members
- Participate in the 2nd World Tournament at Shizuoka April 2021
- Organize Dan promotion tests
- ...



